



Patronat Honorowy
Prezydenta Miasta Szczecin



PATRONAT HONOROWY
WOJEWODY
ZACHODNIOPOMORSKIEGO



EUROPEAN CONGRESS ON MULTICULTURALISM IN MEDICINE AND HEALTH SCIENCES MultiCultiMed

Programme

**SZCZECIN
POLAND
25 - 27.05.2026**

Prepared within
Erasmus+ KA220 project

MultiCultiMed



Co-funded by
the European Union



**Multi
Culti
Med**



PATRONAT HONOROWY REKTORA
POMORSKIEGO UNIwersYTETU
MEDYCZNEGO W SZCZECINIE

Scientific Committee

Projekt Lead & Committee Chair
Assoc. Prof. Małgorzata Szkup, PhD

Members

Prof. Beata Karakiewicz
Artur Kotwas, PhD
Marta Kożybska, PhD
Paulina Zabielska, PhD

Organizing Committee

Chairperson

Assoc. Prof. Małgorzata Szkup, PhD

Members

Prof. Beata Karakiewicz
Artur Kotwas, PhD
Marta Kożybska, PhD
Paulina Zabielska, PhD
Agnieszka Nieradko-Heluszko, PhD
Linda Czeponis, MA
Małgorzata Zimny, PhD
Magdalena Kuczyńska, PhD
Paulina Jeż, MA
Magdalena Stankiewicz, MA
Agata Kowalczyk, MA
Magdalena Pacanowska

Program

Monday 25.05.2026

14.30-15.30	Registration of participants			Foyer
15.30-15.50	The Choir of the Pomeranian Medical University in Szczecin, Poland, under the direction of Professor Ryszard Handke			
15.50-16.30	Opening ceremony			
16.30-16.55	Małgorzata Szkup, Project Lead	MultiCultiMed: A New Perspective on Education in Medicine and Health Sciences in a Multicultural World	Pomeranian Medical University in Szczecin, Poland	
16.00-17.40	Carmen van Daal- Vrolijk, key note speaker	Opening lecture: Empowering Nurses as Change Agents: Advancing Cultural Humility Through a Ambassador Program	KnowledgeInstitute Dutch professional association for nurses, clinical nursing assistants & nurse specialists (V&VN) Netherlands	
17.45-18.15	The PUM West Pomeranian Song and Dance Ensemble under the leadership of dr Anna Knyszyńska			
18.15-18.30	Family foto			
18:30-20:00	Buffet dinner			

Program

Tuesday 26.05.2026

Session chair: prof. Karmen Erjavec, dr Emilia Burbela

09.00-09.25	Key note speaker - Costas Constantinou Monica Nikitara	Diversity And Cultural Competence In Healthcare: The Need For An Ecosystem	University of Nicosia, Cyprus	english
09.25-09.40	Elżbieta Petriczko	PUM Medical Professionals for Kenya	Medics for Kenya, Pomeranian Medical University in Szczecin, Poland	polish
09.40-09.55	Piotr Karniej	Beyond Access: Addressing Health Inequalities Among LGBTQ Populations Through Inclusive Care Models	WSB MERITO University in Wroclaw, Poland	english
09.55-10.10	Małgorzata Lesińska-Sawicka	Innovative Teaching Methods for Developing Cultural Competencies in Nursing Students	State University of Applied Sciences in Konin, Poland	polish
10.10-10.25	Sabina Krsnik	Communication Competencies of Nursing Students in Multicultural Patient Care	University of Novo mesto, Slovenia	english
10.25-10.45	Coffee break			

Program

Tuesday 26.05.2026

10.45– 11.00	Martin Červený	Understanding Multicultural Care: Perspectives of Undergraduate Nursing Students	Pavol Jozef Safarik University in Košice, Slovakia	english
11.00– 11.15	Adriana Brzeźniak– Misiuro	Between Exclusion and Support: Staying in a Warming Center for People Experiencing Homelessness from a Public Health Perspective	Szczecin Center for Addiction Prevention, Poland	polish
11.15– 11.30	Pilch Dorota	Implementation of multiculturalism in patient care and among employees as exemplified by UKE Eppendorf in Hamburg	UKE Eppendorf, Hamburg, Germany	polish
11.30– 11.45	Sanja Stanisavljević	The Challenges Of Intercultural Education In A Post–Conflict Society	Academy for Applied Studies Belgrade, The College of Health Sciences, Serbia	english
11.45– 12.00	Magdalena Stankiewicz	The Patient I Do Not Understand: Psychological Gender Identity and Sexuality in a Cultural Context and Their Importance for Healthcare Practice	Pomeranian Medical University in Szczecin, Poland	polish
12.00– 12.15	Marijana Neuberg	Quality of Life in Diverse and Ageing Populations	University North, Croatia	english
12.15– 12.30	Olha Fedortsiv	Problems of vaccinating children during wartime	Ivan Horbachevsky Ternopil National Medical University of the Ministry of Health of Ukraine	polish

Program

Tuesday 26.05.2026

12.30-12.45	Kornel Kornecki	Demonstration of the MultiCultimed Platform	IT specialist	english
12.45-13.00	Małgorzata Zimn	Different Cultures, One Life: Challenges in Neonatology and Obstetrics in a Multicultural Society	Pomeranian Medical University in Szczecin, Poland	polish
13.00-14.00	Lunch & networking			

Session chair: dr Panagiota Ellina, dr Marzena Mikła

14.00-14.15	Tânia Marlene Gonçalves Lourenço	Blended Intensive Programmes as a Platform for Interdisciplinary Learning: The Case of Mental Health in Migrants and Minorities	Nursing School of São Jose de Cluny, Madeira, Portugal	english
14.15-14.30	Artur Kotwas	Health Inequalities in Multicultural Europe in Light of Global Burden of Disease (GBD) Data	Pomeranian Medical University in Szczecin, Poland	polish
14.30-14.45	Emilia Burbela	Cultural Barriers in Pediatric Emergency Care: Communication, Trust, and Clinical Decision-Making through EPALS Simulation-Based Training	Ivan Horbachevsky Ternopil National Medical University of the Ministry of Health of Ukraine	english

Program

Tuesday 26.05.2026

14.45-15.00	Iwona Gładysz	Medical Simulation in Obstetrics as a Method of Reducing Cultural Barriers	John Paul II Academy in Biała Podlaska, Poland	polish
15.00-15.15	Rita Fernandes	Multiculturalism in Portugal: Challenges for Contemporary Healthcare	RISE- Health; Nursing School, University of Porto, Portugal	english
15.15-15.30	Marlena Bryczkowska	Cultural Diversity in Business Teams: Emotional and Social Determinants of Collaboration and Their Impact on Employee Well-Being	Pomeranian Medical University in Szczecin, Poland	polish
15.30-15.45	<i>Coffee break</i>			
15.45-16.00	Małgorzata Nagórska	Cultural sensitivity in the healthcare system and patients' rights	University of Rzeszów, Poland	polish
16.00-16.15	Maria Marchwacka Günter Meyer	Diversity in Nursing Education and Practice: The Case of Germany	Ostfalia University of Applied Sciences, Faculty of Healthcare	polish
16.15-16.30	Tomislav Meštrović	Disparities in the Burden of Disease Across Diverse Populations: From Evidence to Educational Response	University North, Croatia	english
17.00-19.30	Guided tour of Szczecin (for pre-registered participants only)			
20.00-24.00	GALA DINNER (for all onsite participants)			

Program

Wednesday 27.05.2026

Session chair: prof. Maria Marchwacka, dr Marta Kozybska

09.00-09.25	Key note speaker - Candan Öztürk	Engaging Diverse Students in Nursing Education: Experiences from Northern Cyprus	Near East University, Turkiye	english
09.25-09.40	Jerzy Sienko	PUM Medical Professionals – Support for Ukraine in Its Struggle	Pomeranian Medical University in Szczecin, Poland	polish
09.40-09.55	Panagiota Ellina	Global Health Challenges: Migration, Refugees, Climate Change & Pandemics	Cyprus University of Technology, Cyprus	english
09.55-10.15	Aleksandra Brodowska	Medical Simulation as a Tool for Preparing Medical Students to Work in a Multicultural Environment	Maria Skłodowska-Curie Medical University in Warsaw, Poland	polish
10.15-10.30	Marijana Dabic	Challenges and strategies of intercultural competence development through the education of nurses in the republic of Serbia	Academy of Applied Studies, Belgrade, The College of Health Sciences, Serbia	english
10.30-10.45	Marzena Mikla	Multicultural Education and Organ Donation and Transplantation: Religious and Cultural Perspectives	University of Murcia, Spain	polish
10.45-11.00	<i>Coffee break</i>			
11.00-11.15	Karmen Erjavec	Multicultural Communication in Healthcare: Bridging Patient Perspectives and Professional Practice	University of Novo mesto, Slovenia	english

Program

Wednesday 27.05.2026

11.15 – 11.30	Dorota Aneta Jaśkiewicz	From Dissonance to Harmony: Multiculturalism in the Symphony Orchestra and the Psychological Well-Being of Musicians	Pomeranian Medical University in Szczecin; Poland	polish
11.30 – 11.45	Patrycja Krężel	Digitalisation of healthcare and cultural inequalities – socio- cultural challenges in providing care involving the use of digital technologies	Pomeranian Medical University in Szczecin, Poland	english
11.45 – 12.00	Agnieszka Kleszcz	Is There a Magic Spell for a Good Birth?	Hochschule für Gesundheit sberufe in Eberswalde	englilh
12.00 – 12.15	Magdalena Kuczyńska	Superstitions in Nursing: A Review of the International Literature and Preliminary Findings from the Authors' Own Research	Pomeranian Medical University in Szczecin, Poland	polish
12.15 – 12.30	Closing Ceremony			
12.30 – 14.00	Lunch			



Young Scientist Session - Tuesday, 26.05.2026, 09:00

Main Hall + On-line

Poster Session Committee: prof. Beata Karakiewicz,
prof. Olha Fedortsiv, dr Magdalena Kamińska

Melike Ozturk, Prof. Dr. Bianca Steiner	Caring for Ageing Turkish Guest Workers: Implications for Nursing Educaion	Ostfalia University of Applied Sciences, Faculty of Healthcare	english online
Paula Weigand	An Exploratory Study of the Need for Divrsity- Sensitive Care in General Nursing Education	Ostfalia University of Applied Sciences, Faculty of Healthcare	english online
George Alesandrou	The prevalence of depressive symptoms among early adolescents in Cyprus and their asociation with sociodemographic characteristics: A cross-sectional study	Cyprus University of Technology, Cyprus	english online
Adrian Kuhnke	Evidence-based interventions for the integration of internationally trained nurses into the German healthcare system	Ostfalia University of Applied Sciences, Faculty of Healthcare	english
Patricia Schöner, Carolin Junker	AI Meets Diversity: New Perspectives for Nursing Education	Ostfalia University of Applied Sciences, Faculty of Healthcare	english online
Sade Thorpe	Bridging the Gap: Development of a Didactic Concept for Sociolinguistic Competence in Healthcare Communication	Ostfalia University of Applied Sciences, Faculty of Healthcare, Independent English Educator, Barbados	english online

Young Scientist Session

Edita Kurz	Experiences of Intersectional Discrimination in Nursing Education and Their Impact on Learning and Professional Identity	Ostfalia University of Applied Sciences, Faculty of Healthcare	english
Christina Nkwonkam	Transition to Practice and Staff Retention Following Nursing Training and Degree Programmes: A Systematic Qualitative Review of Factors Influencing National and International Nursing Graduates.	Ostfalia University of Applied Sciences, Faculty of Healthcare	english
Linda Czeponis	Identifying Factors Associated with the Severity of Depressive and Anxiety Symptoms Among People Forced to Leave Their Place of Residence Due to War	Subdepartment of Social Nursing, Department of Health Sciences, Pomeranian Medical University in Szczecin, Poland	polish
Mariia Solomakhina, Sofiia Beregulyak	Migration transformations of society and multiculturalism	Ivan Horbachevsky Ternopil National Medical University of the Ministry of Health of Ukraine	english
Mariia Malchevsk	Stigma and Acceptance: A Cultural Perspective on Down Syndrome	Ivan Horbachevsky Ternopil National Medical University of the Ministry of Health of Ukraine	english
Tamara Zbiegień	Body Image and Physical Activity by Gender Identity	Informal group	polish

Young Scientist Session

Karolina Matysiak	Presentation of Ongoing Research on the Level of Resilience Among Pregnant Patients from Ukraine Who Left Their Country Due to the War	Department of Obstetrics and Pregnancy Pathology, Pomeranian Medical University in Szczecin, Poland	polish
Alickun Joanna	Perinatal Traditions in Different Cultures and Midwifery Practice in Polish Healthcare Facilities	Student Scientific Society at the Department of Obstetrics and Pregnancy Pathology named after Stanisława Leszczyńska, Pomeranian Medical University in Szczecin, Poland	polish
Adriana Helak	Coping strategies for stress among war refugees from Ukraine	Student Scientific Society at the Subdepartment of Social Nursing, Pomeranian Medical University in Szczecin, Poland	english
Karolina Słowik	Factors influencing the level of intercultural competence and intelligence	Department of Children's Diseases and Pediatric Nursing, Pomeranian Medical University in Szczecin, Poland	polish
Paulina Jeż	Analysis of the Determinants of Mental Health in Ukrainian Refugee Children and Their Parents	Subdepartment of Social Nursing, Department of Health Sciences, Pomeranian Medical University in Szczecin, Poland	polish
Marcin Grajek	How should multiculturalism be studied? An overview of tools for assessing multiculturalism in the attitudes of healthcare staff	Department of Social Medicine and Public Health, Pomeranian Medical University in Szczecin, Poland	english
Marzena Mikła	Culture and Religion in Xenotransplantation	University of Murcia, Spain	polish

Young Scientist Session

Marcin Czutko	Multiculturalism in Penitentiary Institutions – Challenges for the Rehabilitation System in Poland	Pomeranian Medical University in Szczecin, Poland	polish
Krzysztof Dąbrowski	Research tools used to assess attitudes towards immigrants in a multicultural medical setting – a literature review	Department of Social Medicine and Public Health, Pomeranian Medical University in Szczecin, Poland	english
Sokratis Sokratous	Pilot exploration of depressive symptoms and risky health behaviors among informal dementia caregivers in Cyprus	Cyprus University of Technology, Cyprus	english
Gabriela Trębacz	Psychological Consequences of War: Anxiety and Depression Among War Refugees from Ukraine	Student Scientific Society at the Subdepartment of Social Nursing, Pomeranian Medical University in Szczecin, Poland	polish
Natalia Szczepkowska	The Impact of Cultural Differences on Midwife–Patient Communication	Student Scientific Society at the Department of Obstetrics and Pregnancy Pathology named after Stanisława Leszczyńska, Pomeranian Medical University in Szczecin, Poland	polish
Eliza Dzedzej, Julia Żelepień	Alternative healing methods around the world	Student Scientific Society Apex, Pomeranian Medical University in Szczecin, Poland	polish
Popiołek Alicja, Czyżnikiewicz Adrianna	Influence of Cultural Food Preferences on Diabetes Dietary Compliance and Health Outcomes	University Hospital No. 2 Dr. Jan Biziel Memorial Hospital in Bydgoszcz	polish
Iga Pawelec, Aleksandra Penksa	Breastfeeding- cross- cultural differences	Student Scientific Society Apex, Pomeranian Medical University in Szczecin, Poland	polish

WORKSHOP 1: **Balancing Values: Human Rights in Multicultural** **Nursing Practice**

**dr Elena Rousou & Paraskevi Charitou, Cyprus University of
Technology, Cyprus**

Tuesday, 26.05.2026, 02.00–03.15 p.m.

WORKSHOP 2: **Multicultural Perspectives on Physiological and** **Functional Aging: Geriatric Simulation and AGE** **Reader Workshop**

**dr Katarzyna Zgutka, Pomeranian Medical University in Szczecin,
Poland**

Tuesday, 26.05.2026, 03.30–04.30 p.m.



University of Novo mesto
Faculty of Health Sciences



Ostfalia
Hochschule für angewandte
Wissenschaften



Cyprus
University of
Technology



UNIVERSIDAD
DE MURCIA



Subsidized by EU funds under the project: “MultiCultiMed - modern multicultural education for medical and health science students”, contract number 2024-1-PL01-KA220-HED-000251323. The views and opinions expressed are solely those of the author(s) and do not necessarily reflect those opinion of the European Union or the Foundation for the Development of the Education System. Neither the European Union nor the Foundation for the Development of the Education System are responsible for them.